

# Optimization of PCR-RFLP Method to Confirm the Identification of *Enterococcus faecalis* and *Enterococcus faecium* Isolated from Food Samples

Miroslav Kročko, Michal Gábor, Monika Lavová, Martina Miluchová, Margita Čanigová, Jana Bezeková, Viera Ducková, Anna Trakovická

Slovak University of Agriculture in Nitra, Tr. A. Hlinku 2, 949 76, Nitra, Slovakia

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## Abstract

Commercial kits for species identification of *Enterococcus faecalis* and *Enterococcus faecium* are in some cases (environmental isolates) incorrect to distinguish this species of enterococci. Also the positive results of multiplex PCR are subjected by amount and purity of genomic DNA. This study aimed to optimize the identification of *Enterococcus faecalis* and *Enterococcus faecium* isolated from food samples and from the culture collection by PCR-RFLP. The strains identified by conventional biochemical EN-COCCUS test (reactions to arginine, sorbose, arabinose, manitol, sorbitol, melibiose, raffinose, melezitose) were submitted to multiplex PCR. The PCR amplification of 16S rRNA with universal primers generated a 433 bp product. Restriction fragment length polymorphism (RFLP) was analysed by restriction endonuclease *Hin*I. The sizes of restriction fragments for *Enterococcus faecalis* were 285bp, 85bp and 63 bp and for *Enterococcus faecium* were 370 bp and 63bp.

**Keywords:** PCR-RFLP, 16S rRNA, multiplex PCR, *Enterococcus faecalis*, *Enterococcus faecium*.

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## 1. Introduction

One of the uncertainties in environmental microbiology research is accurate identification of bacterial species. Without high-throughput, accurate identification of target organisms, studies in such important areas as epidemiology, antibiotic resistance assessment and microbial source tracking are compromised from the beginning [1, 2]. Commercially available kits are often used by clinical laboratories as an alternative to the numerous physiological tests needed to identify enterococcal species [3]; nevertheless, all commercial kits vary in their performance and persistently show many drawbacks, especially in cases of atypical strains, and at best need supplementary manual tests, which somewhat impair their usefulness. Species identification of enterococci by phenotypical methods is time consuming [4], however, and misidentification of

*Enterococcus faecium* as *Enterococcus gallinarum* or *Enterococcus casseliflavus* and vice versa is a frequent problem [5]. Also Carvalho et al. (1998) [6] and Willey et al. (1999) [7], reported that in some cases identification of atypical *Enterococcus faecium* strains may be problematic, as is distinguishing *Enterococcus gallinarum* from *Enterococcus faecium* and also identifying *Enterococcus durans*, *Enterococcus avium*, *Enterococcus raffinosus*, *Enterococcus hirae*, and *Enterococcus mundtii*.

Enterococci are frequent causes of nosocomial infections like urinary tract infections and sepsis [8]. There are two major pathogenic species, *Enterococcus faecalis* and *Enterococcus faecium* [9]. Rapid identification of enterococci to species level is important for treatment decisions because different species show different resistance patterns. While most strains of *Enterococcus faecalis* are susceptible to penicillins, first-line therapy for infections caused by most strains of *Enterococcus faecium* requires use of a glycopeptide antibiotic [10].

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\* Corresponding author: Miroslav Kročko,  
[mirokrocko@yahoo.com](mailto:mirokrocko@yahoo.com)

Their ubiquitous nature and resistance to adverse environmental conditions account for their ability to colonise different habitats and underlie their potential to easily spread through the food chain [11]. An increasing number of enterococci isolated from food production have development resistance to various therapeutic antibiotics, including vancomycin and tetracyclines. Enterococci belong to the lactic acid bacteria (LAB) group and are widely distributed in nature, but they are not generally recognized as safe (GRAS) [12, 13].

The aim of the work was to estimate the use of relatively simple PCR-restriction fragment length polymorphism (PCR-RFLP) identification method of *Enterococcus faecium* and *Enterococcus faecalis* in comparison with biochemical test and multiplex PCR.

## 2. Materials and methods

### *Sampling*

Pork samples (n = 75) were obtained 24 h *post mortem*. Surface swabs of pork were taken from 25 cm<sup>2</sup> of thigh (*musculus semimembranosus*). For the microbiological analysis, sampling of poultry was carried out 1 h *post mortem* (abdomen area of 25 cm<sup>2</sup>). The ewe's milk samples (n = 61) were collected from several areas of Slovakia. The unpasteurized cow milk samples (n = 32) were collected from different farms. Samples of Bryndza cheese (n = 39) were made by three different manufacturers and purchased in retail outlets. The homogenates of each samples and swabs from the meats were then submitted to serial 10-fold dilutions in sterile physiological saline and 1ml of each dilution were cultured on selective diagnostic Slanetz–Bartley agar at temperature 37 ± 1 °C for 48 ± 2 h (Biokar Diagnostic, France).

### *Species identification of enterococci by commercial biochemical tests*

Typical colonies of enterococci were transferred to bile esculin azide agar (Biokar Diagnostic) for species identification. Based on positive growth (esculin hydrolysis), the following tests were carried out for presumptive identification of the isolates: microscopic characteristic of colonies (conformation, motility, cleanness of cultures), Gram staining, production of catalase and pyrolydonyl arylamidase (PYRAtest, Lachema,

Czech Republic), and pigmentation. Selected Gram positive, catalase negative, and PYRAtest positive isolates were submitted to a growth test in the presence of 6.5 % NaCl and pH 9.6. Isolates were identified at the species level using a biochemical EN-COCCUS test (Lachema). The reactions to arginine, sorbose, arabinose, manitol, sorbitol, melibiose, raffinose, melezitose were evaluated and according to manufacturer color key were identified species of *Enterococcus* spp. (*E.*).

### *Genomic isolation of E. faecalis and E. faecium*

The isolation of genomic enterococci DNA from the overnight cultures at 37 °C was prepared. The bacteria were transferred to 200µl of Tris-HCl and EDTA (100mM Tris-HCl pH 8.0 and 10mM EDTA) and washed twice in the same solution. After centrifugation the bacterial pellet were incubated at 37 °C with intermitted shaking in conditions with 300µl of lysis buffer (0.1M NaCl, 0.02M Tris HCl, 0.001M EDTA, 1.2 % Triton X-100) and lysozyme solution (concentration 20 mg/ml) for 2 hours. The 5 µl proteinase K solution (Fermentas, Germany) and to remove RNA, 4 µl of Rnase-A solution (Fermentas) were added to the mix. The contents were mixed thoroughly and incubated at 58 °C for 2 hours. After incubation the mixtures were centrifuged at 10 000 rpm at 20 °C for 3 min. The 100 µl of 5 M NaCl (Merck, Germany) was added to upper layer and incubated on ice for 5 min and centrifuged at 13 000 rpm at 20 °C for 10 min. The upper aqueous phase was separated without disturbing the interphase containing cell debris and proteins. DNA in the supernatant (collected in sterile 1.5 ml tube) was precipitated out with 96 % freeze ethanol. The precipitated DNA was pelleted by centrifugation at 12 000 rpm for 10 min. The DNA pellet was washed once with freeze 70 % ethanol and dried at 37 °C. The final pellet was dissolved in 50 µl of Tris-HCl and EDTA (100mM Tris-HCl pH 8.0 and 10mM EDTA).

### *Qualitative and Quantitative Assessment of DNA*

DNA concentration was determined by recording the absorbance at 260 nm (A<sub>260</sub>) using the Nanophotometer Implen (Implen, Germany.). The purity of the DNA was determined from the A<sub>260</sub>/A<sub>280</sub> ratio. The amount of genomic DNA was adjusted approximately from 50 to 150 ng/µl.

### *Species identification of E. faecalis and E. faecium by multiplex PCR*

The PCR method for chosen species identification was performed using specific primers: *E. faecium* (215 bp) - F:5'GAAAAACAATAGAAGAATTAT3' R:5' TGCTTTTTTGAAT TCTTCTTTA 3' and *E. faecalis* (941 bp) F:5'ATCAAGTACAGTTAGTCTTTATTAG3' R:5'ACGATTCAAAGCTAACTGAATCA GT3' One microliter of DNA was added to a mixture containing 2.5 µl of 10 x PCR buffer (Fermentas), 0.5 µl of each 10 mM deoxynucleoside triphosphate (Fermentas), 2.0 µl 25 mM MgCl<sub>2</sub> (Fermentas), 0.25µl 5 U of DreamTaq polymerase (Fermentas) and 0.5 µl of each 10 pmol primers (IDT, USA). The PCR amplification was performed in the thermal cycler C1000 (Biorad, USA). Samples were incubated for 3 min at 95 °C to denature the target DNA and were maintained 30 cycles of 95 °C for 30 s, 54 °C for 40 s and 72 °C for 60 s. The samples were then incubated at 72 °C for 10 min for a final extension and were maintained at 4 °C until they were tested. Gels were stained with GelRed (Biotium, USA) and visualized in UV light. Isolates producing an amplicon band of the appropriate size by agarose gel (1.5 %) electrophoresis were considered positive for species identification. Two reference strains *E. faecalis* (CCM 4224) and *E. faecium* (CCM 2308) were obtained from the Czech Collection of Microorganisms at the Masaryk University in Brno.

#### *Species identification of E. faecalis and E. faecium of specific fragment 16 S rRNA gene by PCR-RFLP method*

The 16S rRNA gene was amplified by PCR with the following primers: forward primer U968 [14], 5'- AACGCGAAGAACCTTAC -3'; reverse primer L1401 [14], 5'- CGGTGTGTACAAGACC C -3'. PCR amplification was carried out in 25 µl volumes containing 1 µl of bacterial DNA and 24 µl of amplification mastermix, which contained the following components: 10 pmol each primer, 0,2 mM (each) dNTPs, 2.5 µl of 10 x PCR buffer (Fermentas), 2.0 µl 25 mM MgCl<sub>2</sub> (Fermentas) and 1.25 U of Taq DNA polymerase (Fermentas). The PCR amplification was performed in a C1000 thermal cycler (Biorad). Samples were incubated

for 3 min at 95°C to denature the target DNA and went through 30 cycles of 95°C for 10 s, 58°C for 20 s and 72°C for 30 s. The samples were then incubated at 72°C for 5 min for a final extension and were maintained at 4°C until they were tested. An amplicon of 433 bp was expected.

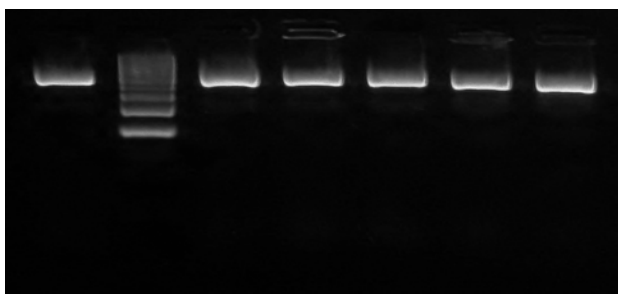
Aliquots of 10 µL of each 433 bp amplified product were digested with restriction endonuclease *FASTDigest HinfI* (Fermentas) as recommended by the manufacturer. The specific fragments of restriction splitting for each species was detected on 3 % agarose gel (Serva, Germany) in 1 x sodium-borate buffer at 200 V for 10 min. The gel was stained with GelRed (Biotium) and visualized in UV light. Fragment sizes were assessed against a 100 bp DNA ladder (Fermentas).

Restriction maps were calculated from the amplicon regions of the GenBank sequences (*E. faecalis* – Y18293, *E. faecium* - HQ641333) using NEBCutter 2.0 [15]. The predicted restriction fragments from *E. faecalis* were 285 bp, 85 bp, 63 bp and from *E. faecium* were 370 bp, 63 bp.

### 3. Results and discussion

From the food isolates of enterococci it was identified 394 strains to genus *Enterococcus*. The combination of selective agars, negative catalase test and positive hydrolysis of L-pyrrolidonyl-β-naphthylamine (PYR) test, performed well for isolation of *Enterococcus* genus, which was correlated with results obtained by using of 16S rDNA (433bp) gene (Figure 1). All tested isolates amplified the 16S rDNA fragment and sequence was appeared in the agarose gel. Results confirmed the usefulness of 16S rDNA for the identification of *Enterococcus* genus.

Fortina et al. (2007) [16] also reported that the 16S rDNA gene has been useful for the identification of *Enterococcus* genus and species



**Figure 1.** Amplification of 16S rDNA fragments (433bp) isolated from *Enterococcus* spp.

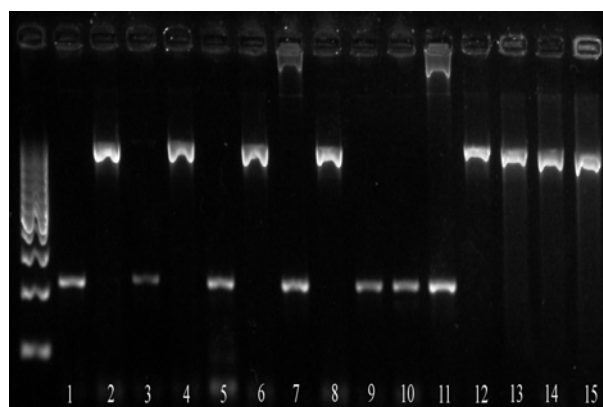
1 *E. faecalis* CCM 4224, 2 Ladder 100bp, 3 *E. faecium* CCM 2308, 4-7 enterococci isolated from food samples.

Enterococci isolated from food samples which were identified by commercial biochemical test as *E. faecium* and *E. faecalis* and Group 3 (*E. durans*, *E. hirae* and *E. faecalis asaccharolytic* var.) were submitted to confirmation by multiplex PCR and PCR-RFLP methods.

*Enterococcus faecalis* was the most frequently identified *Enterococcus* species (49 %) and all isolates of this species were identified with 100 % assurance by the commercial biochemical test. Twenty isolates determined by commercial biochemical test as Group 3, were difficult to accurately identify, which was due to variable reactions to raffinose, melibiose and melezitose. Eighteen isolates of Group 3 were identified by multiplex PCR method to *E. faecalis* species. In this study, *E. faecalis* became predominant species in every investigated samples type with the exception of pork, where predominated species *E. faecium*. *Enterococcus faecalis*-specific primers successfully amplified the expected 941 bp product from each of the *E. faecalis* isolates, demonstrating agreement between the commercial biochemical test and the confirmation at the molecular level by multiplex PCR method. The suitability of commercial biochemical tests for *E. faecalis* species identification tested also Harwood et al. (2004) [17]. Authors most frequently identified *E. faecalis* (42.2 %) from the freshwater, saltwater, sewage, seagull faeces, human faeces and dog faeces samples. All isolates identified with 90 % or greater assurance by the biochemical test system, which was in agreement with results of our study.

One isolate identified in our study by commercial biochemical test as *E. faecium* was not identified by multiplex PCR method. Six microbiological

and biochemical positive strains not identified by EN-COCCUS test, designated as *Enterococcus* spp., were by multiplex PCR method identified as *E. faecium* (Figure 2). Jurkovič et al. (2006) [18] found some discrepancies between results of enterococci identification from Bryndza cheese samples, obtained by commercial biochemical test and PCR method. Seven enterococci strains identified by commercial biochemical test were identified as *E. faecium* and by PCR method as *E. faecalis*. Three strains of *E. casseliflavus* were determined by PCR method as *E. faecium* (two strains) and *E. faecalis* (one strain).



**Figure 2.** Multiplex PCR identification of *E. faecium* (215 bp) and *E. faecalis* (941 bp)

Ladder 100bp; 1 *E. faecium* isolated from cow milk; 2 *E. faecalis* isolated from cow milk; 3 *E. faecium* isolated from pork; 4 *E. faecalis* isolated from pork; 5 *E. faecium* isolated from Bryndza cheese; 6 *E. faecalis* isolated from Bryndza cheese; 7 *E. faecium* isolated from ewe's milk; 8 *E. faecalis* isolated from ewe's milk; 9-10 *E. faecium* isolated from poultry; 11 *E. faecium* CCM 2308; 12-14 *E. faecalis* isolated from poultry; 15 *E. faecalis* CCM 4224.

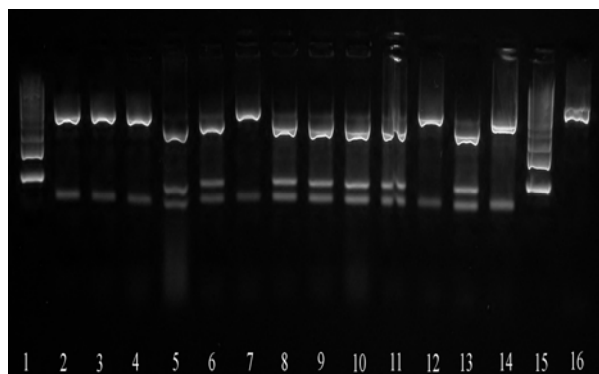
Angeletti et al. (2001) [19] reported that the use of a PCR with primers for *ddl<sub>E. faecalis</sub>* and *ddl<sub>E. faecium</sub>*, together with primers for *vanC-1*, -2, and -3, may be the most simple molecular approach for both rapid and precise identification of antibiotic resistant enterococci while avoiding the drawbacks of commercial kits. On the other hand, Monstein et al. 2000 [20]; Kariyama et al. 2000 [21]; Patel et al. 1998 [22]; Dutka-Mahlen et al. 1995 [23] found that the PCR with primers for *ddl<sub>E. faecalis</sub>* and *ddl<sub>E. faecium</sub>*, together with primers for *vanC-1*, -2, and -3 certainly fails to identify some enterococcal species outside the reach of the primers. For this reason it is also necessary to

include among the proposed molecular methods for enterococcal species identification the amplification and sequencing of the 16S ribosomal DNA (rDNA) gene.

Bacterial 16S rRNA is a common target for taxonomic purposes, largely due to the mosaic composition of phylogenetically conserved and variable regions within the gene [24].

The chosen 16S rDNA product (433bp) was digested with enzyme *Hinf*I to fragments for *E. faecium* 370 and 63 bp and for *E. faecalis* 285; 85 and 63bp (Fig 3). It was found the accurate separation of *E. faecium* species, but similar restriction fragments as *E. faecalis* were obtained also after *E. hirae* isolates digestion.

Williams et al. (1991) [25] reported that there is a low rRNA homology between *E. faecalis* and other enterococci and *E. durans* is phylogenetically closer to *E. faecium* and *E. hirae*. Also Leclerc et al. (1996) [26] identified several distinct phylogenetic groups (species groups) of enterococci, based on sequencing of the 16S rRNA gene. They found that the *E. faecium* group, which contains species whose 16S rDNA sequence is 99.3–99.7% similar, is comprised of *E. faecium*, *E. durans*, *E. hirae* and *E. mundtii*. *Enterococcus faecalis*, in contrast, represents a distinct lineage within the *Enterococcus* spp. Scheidegger et al. (2009) [27] found that thirty-seven isolates of the food enterococci exhibited atypical phenotypic traits. Among them, eleven *E. faecalis* strains presented atypical results in the methyl- $\beta$ -D-glucopyranoside and one in the raffinose test. Five isolates of *E. faecium* presented atypical results in the potassium tellurite test. Their results shown that PCR-RFLP combined with a few biochemical tests was a relative simple, rapid and reliable technique to identify species of *Enterococcus*.



**Figure 3.** Restriction DNA fragments of *E. faecium* (370; 63bp) and *E. faecalis* (285; 85; 63bp) obtained with digestion of PCR product (16S rDNA 433bp) with enzyme *Hinf*I.

1 Ladder 100bp; 2 *E. faecium* isolated from cow milk; 3 *E. faecium* isolated from pork; 4 *E. faecium* isolated from Bryndza cheese; 5 *E. faecalis* isolated from cow milk; 6 *E. faecalis* isolated from Bryndza cheese; 7 *E. faecium* isolated from poultry; 8-10 *E. faecalis* isolated from poultry; 11 *E. faecalis* CCM 4224; 12 *E. faecium* CCM 2308; 13 *E. faecalis* isolated from ewe's milk; 14 *E. faecium* isolated from ewe's milk; 15 Ladder 100 bp; 16 PCR product 16S rDNA.

Angeletti et al. (2001) [19] found that four isolates identified by multiplex PCR as *E. faecalis* and two identified as *E. faecium* out of 279 isolates were not enterococci. They were identified by 16S rDNA sequencing as two *Streptococcus* spp., one *Leuconostoc* sp., one *Aerococcus* sp. and one *Streptococcus bovis* strain. Among the other multiplex PCR negative strains and but phenotypically identified as *E. faecium*, four were identified by 16S rDNA sequencing as *E. avium* (three strains) and *E. durans* (one strain). Nine strains identified by commercial biochemical test as *E. faecium* were identified as *E. faecalis* by multiplex PCR, six of which were also confirmed by sequencing of amplified 16S rDNA. In agreement with our results, 16S rDNA sequencing confirmed all multiplex PCR identifications for available strains.

#### 4. Conclusions

The combination of biochemical test and multiplex PCR method for identification of *E. faecalis* was sufficient, and it was not necessary to use PCR-RFLP method for confirmation. In identification of *E. faecalis* and *E. faecium* isolates evaluated in our study was not found discrepancies between multiplex PCR and PCR-RFLP methods. However, it is not excluded that

identified isolates by commercial biochemical test as *E. durans*, *E. hirae*, *E. mundtii*, *E. casseliflavus*, currently analyzed, could be confirmed by multiplex PCR or PCR-RFLP methods. It can be probably due to with phylogenetic distance of *E. faecalis* and *E. faecium* to other mentioned enterococci species and not reliably identified their phenotypic characteristics.

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