

Possibilities for Practicing Adventure Tourism

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Abstract

Adventure tourism or tourism of adventure type is a type of tourism that involves its practicing in areas with risk of accidents or practicing some sports that require some skill. Adventure tourism is a niche tourism that involves the exploitation of some areas hardly accessible, even hostile, where the visitor hopes to see and happen unexpected things, being a type of tourism that has more and more amateurs looking to spend an unusual vacation, but the activities carried out require efforts from the tourists and may present certain risks. For the area surveyed by us, the activities specific to adventure tourism are: hiking, equestrian rides, cycling in undeveloped areas, observing animals and birds of hunting interest in their natural habitat, rafting down on a river, parachuting.

Keywords: tourism, adventure, specific activities

1. Introduction

For the development of modern tourism adventure and recreation, from modern period, no one could contest the role of the cultural factor, obviously through the new philosophical and cultural tendencies, but decisive were the influence of the economic transformations and the development of special transports, with a major impact on tourism. The increasing importance of adventure tourism has raised concerns about the most accurate knowledge of this phenomenon, and in this context being found the efforts of the specialists regarding the scientific rigorous definition of the content of the adventure activities, the delimitation of its purpose and of the interferences with different fields of the economy [1,2].

The development of actions of adventure type, regardless of their shape, itinerant, mountain tourism, involves the establishment of connections, relations between the tourist and the areas they visit, on the one hand, the territory, through its potential for practicing the adventure,

which represents the motivation of the movement, serving as a physical support for the development of equipment designed to meet the requirements of the tourist [3-5].

. Under these conditions it is necessary to organize the territory, its adaptation to meet the needs of the adventure tourists but also to protect, preserve it, according to the environmental requirements.

Issues regarding space management and use have the origin in the concerns of organizing life in human communities, growing in size along with the development of activities which contain adventure and the need to solve various security problems for tourists and environmental protection. The notion of space arranged for adventure activities has developed in correlation with the equipment used in particular to, with the legislation regarding the pursuit of adventure activities in protected areas [6-9].

The location of the activities of adventure type represents:

- a well planned development effort of some wild areas;
- a balanced scientific organization way of the territory;
- requires coordination for keeping unaltered the environment;

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- developing a niche tourism by specializing tourists towards a certain activity;
- a sustainable use of natural resources.

The implications of capitalizing of an area with natural resources, suitable for adventure tourism, are multiple, contributing to the economic and social development of local communities, arguing the need to address this process in a global conception, integrated into overall tourism strategies and in correlation with the dynamics of other branches and sectors of activity. This requires a careful assessment of all resource categories and the definition of directions and priorities regarding the development of niche tourism. In selecting areas for adventure tourism, it will be taken account of:

- the demand of tourists for a certain type of adventure;
- natural conditions, represented by the geology and geomorphology of the territory, climatology, hydrology, constituted as elements of attraction;
- infrastructure;
- the equipment and procurement opportunities for adventure actions (rafts, skis, riding equipment).

2. Materials and methods

In this scientific approach, we have identified the activities specific for the adventure tourism and that are suitable to be promoted in the area studied, Arad County. This type of niche tourism, which is adventure tourism, has more and more amateurs who want to spend their spare time more unusual, practicing activities in high risk areas, climbing, riding on rivers, traveling accompanying animals.

3. Results and discussion

Adventure tourism is a type of niche tourism practiced in areas with risk or involves practicing recreational activities of a certain degree of danger. This type of tourism involves exploitation or travel in isolated areas, hard-to-reach, areas where the tourist expects to see and happen unexpected things. This type of tourism has more and more adventure enthusiasts, eager for hard sensations, specific activities demanding efforts

and even risks from the practitioners of this form of tourism.

The activities specific for this type of adventure tourism, as forms of historical cultural tourism, in the area studied by us, the Banat of steppe and mountain from the West Region of Romania, in strictly alphabetical order can be:

- the trip with animals or trekk animal, which can take place on the old road of the bulls, on Timisoara, Becicherecul Mic, Iecea Mare, Lenoheim, Comlosul Mare, Vizejdea, Sanicolaul Mare, Beba Veche, Szeged route. This type of adventure tourism can also be done with cart drawn by horses and stopping stations being in the old stopping stations of the post, contacting the wilderness civilization and taking part in horse drawn or horse training actions. In the Banat of Mountain, the journey with animal takes place to through the hills found in mountain areas to lead them to the summer camps. As animal species can be accompanied to the summer camps, the sheep, the cattle and the horses;
- the equestrian trip can take place in Semenec, Muntele Mic in the Banat Mountain, but also in the Banat of steppe in the Recas area, Cenad, Sannicolau, but also in the Natural Park Lunca Muresului, along the Tmis Valley or the Bega Canal, Sat Chinez Swamp;
- the travell with carts or sleighs during the winter period in the area of the Balta calda, Romanesti, up to the Romanesti Cave, and participation in pastoral activities, the animals' contentions for the cleaning of the hoofs, the shearing of the sheep, the celebration of the community in nature, the Easter at Margina Timis County, the snow, feasts, cutting of the pig at the mountain;
- riding trip, learning the horse's rush in the Izvin area, Herneacova, Cenad, Sannicolaul Mare;
- expedition cruises on the mountain or steppe rivers, Nera or Timis River, Bega Canal or Mures River in the Mures Floodplain Area, for admiring the fauna and flora in the area or adventure, for the mastery of the boats;
- safari on unarranged or off-road safari in the Banat mountain area;
- extreme sports practiced by land:
 - a) climbing in the Tarcul Mountains area in Mountain Banat, on cliffs or rock climbing or climbing on snow or climbing; These activities of adventure type require a good

physical condition, strong technical knowledge, equipment and especially experience.

b) hiking is done with the purpose of exploring and enjoying the scenery, walking on unpaved paths in wild areas.

c) ski during the winter, in areas not arranged in the Mountain Banat;

d) snowboarding on snow in unarranged areas of the Tarcu Mountains;

e) mountain biking refers to cycling with bicycle off road in the Semenic area. There are several categories of mountain biking.

- cycling on unarranged land - cross country in both the Banat of steppe and in the hill, mountain one;

- downhill cycling on the hill or mountain area of Banat;

- free cycling - free ride in the steppe on agricultural roads;

- cycling on muddy soil - dirt jump in the Sat Chinez Swamp Reserve or Seceani muddy volcanoes, Timis County in the Banat of steppe;

- street cycling-trials riding on well-arranged roads but with high degree of difficulty Resita-Valiug in Banat Mountain.

- marked tour-cycling-cycling tours along the Bega Canal on the Timisoara-Zdrenianin (Serbia) routes equipped for bicycles, with dining options, and repair of the means of transport.

- extreme sports practiced on water:

a) descending on the rapid waters of Nera (mountain area) with the help of some special boats;

b) descending with a kayak on the fast mountain waters in the Mountain Banat;

c) descending with raft on Mures in the Natural Park Lunca Mures area in Timis County.

d) descending with electric transport means (catamaran) on Timis river in the plain Banat from Sag to Rudna Timis County with extension in Serbia;

e) navigation on Surduc Lake with sailboats in the Banat of steppe;

- extreme sports practiced in the air:

a). paragliding, recreational and competitive sport, easy to be practiced in the area of mountain Banat;

b). parachuting in all Banat.

Conclusions

Adventure tourism as a form of niche tourism has more and more adherents in the area taken by us in study, having a particular prospect of extension by diversifying adventure activities.

The activities specific for adventure tourism with the highest applicability are the trips in wildlife, on foot and with bicycles, expedition cruises for fauna and wildlife recognition, and extreme sports practiced on water, air or dry in the area of mountain Banat and of steppe still benefiting from unarranged resources which allow them to be performed.

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